



**Dr. S.K. Dash's forward-thinking vision has become a tangible reality today.**

Kalinga Hospital is Odisha's own hospital, crafted by Odias for the people of Odisha since 1997. I take immense pride in leading a passionate team and driving this transformation. We are committed to bringing about a significant positive change in the healthcare scenario of our beloved state, Odisha.

**Dr. S.K. Dash**

Chairman, Kalinga Hospital Ltd. Bhubaneswar  
Chairman & Founder, Dr. Dash Foundation





# A New Dawn In Healthcare

Kalinga Hospital Ltd.





Kalinga Hospital Ltd.

Transforming A New Era Of  
Affordable Healthcare



*Touching Lives With Compassion*



# Since 1997

Since 1997, Kalinga Hospital has stood as a beacon of healthcare in Odisha.

Today, under the dynamic leadership of the Chairman Dr. Sita Kantha Dash, Kalinga Hospital embarks on a transformative journey, redefining affordable healthcare with compassion for the people of Odisha.





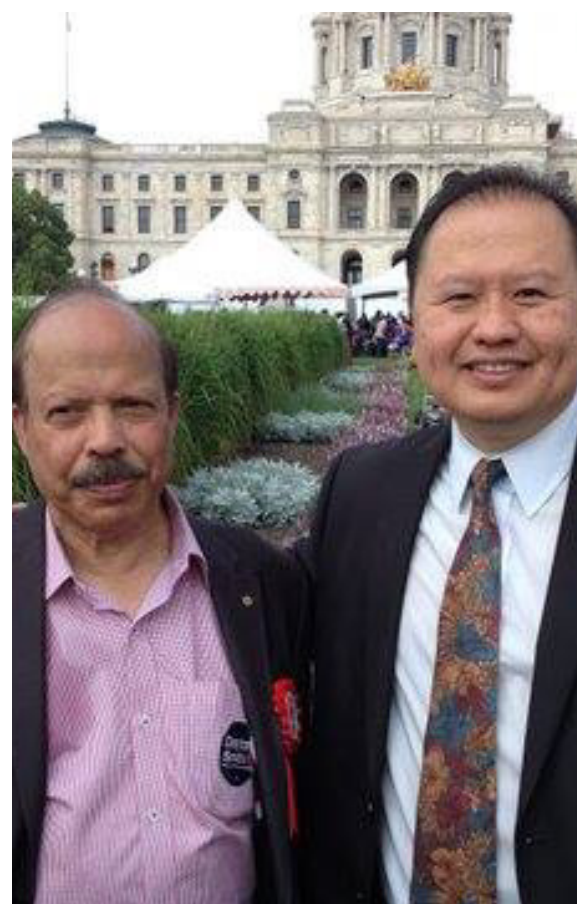


A BEACON OF  
INSPIRATION  
& A SON OF  
THE SOIL

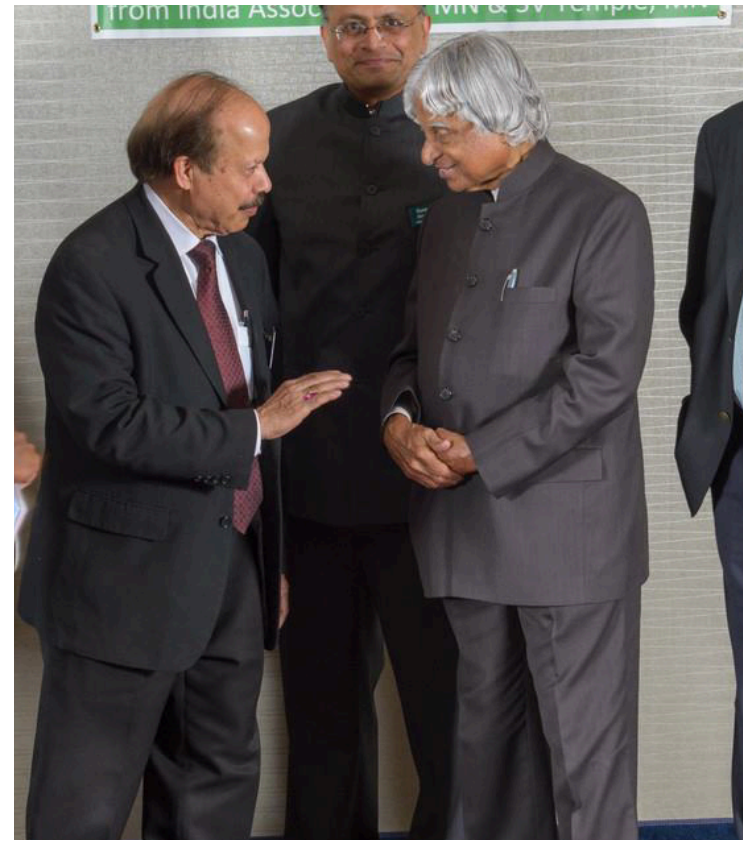
Dr. Dash's accomplishments are not just a testament to his inspiration; they are profoundly ingrained in the lives he has impacted.















## A Philanthropic Visionary and Steward of Kalinga Hospital's Enduring Legacy



Dr. Sita Kantha Dash emerges as a distinguished figure at the crossroads of benevolence, leadership, and cultural enrichment. His remarkable generosity not only brightens the Minnesota community but also extends far beyond its borders. Dr. Dash's transformative influence resonates as a soul-stirring force, weaving threads of dedication & impact with an emotional resonance that deeply touches the heart.

His impactful dedication to healthcare is exemplified through his role as the Chairman of Kalinga Hospital in Bhubaneswar, India. **Kalinga Hospital Limited (KHL)** stands as a **state-of-the-art Multi Super Specialty Hospital** committed to delivering compassionate and affordable care to the people of Odisha and the surrounding region. Dr. Dash's promise and commitment to revive Kalinga Hospital's lost legacy and restore the trust and faith of the people of Odisha are unwavering.



27<sup>+</sup>



Years Of

Healthcare Legacy





# Leading Change, Transforming Healthcare

Under the leadership and guidance of Chairman, Dr. S.K. Dash and Managing Director Ms. Nilanjana Mukherjee, the new team at Kalinga Hospital is deeply committed to addressing the pressing healthcare needs of Odisha.

With the transformation at Kalinga Hospital, we are dedicated to serving patients with genuine care and aim to build a strong bond of trust between our caregivers and the community. Guided by our visionary leadership, we prioritize empathy, compassion, and unwavering competence. Transparency and genuine interactions are central to our approach as we strive to offer affordable healthcare services that truly matter. This signifies the dawn of a new era in compassionate healthcare for Odisha.







# Embracing Odisha's Kalinga Hospital's Transform





# Legacy

## Information through Affordable Healthcare







**Shri. Raghubar Das**  
Hon'ble Governor, Odisha

ରଘୁବର ଦାସ  
ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା  
रघुवर दास  
राज्यपाल, ओडिशा  
**Raghubar Das**  
Governor, Odisha



ରାଜ ଭବନ  
ଭୁବନେଶ୍ୱର-୭୫୧୦୦୮  
राज भवन  
भुवनेश्वर-୭୫୧୦୦୮  
**RAJ BHAVAN**  
BHUBANESWAR-751008

Mar. 20, 2024

## MESSAGE

It is with great pleasure and anticipation that I extend my warm greetings and congratulations on the grand opening of KALINGA HOSPITAL Ltd.

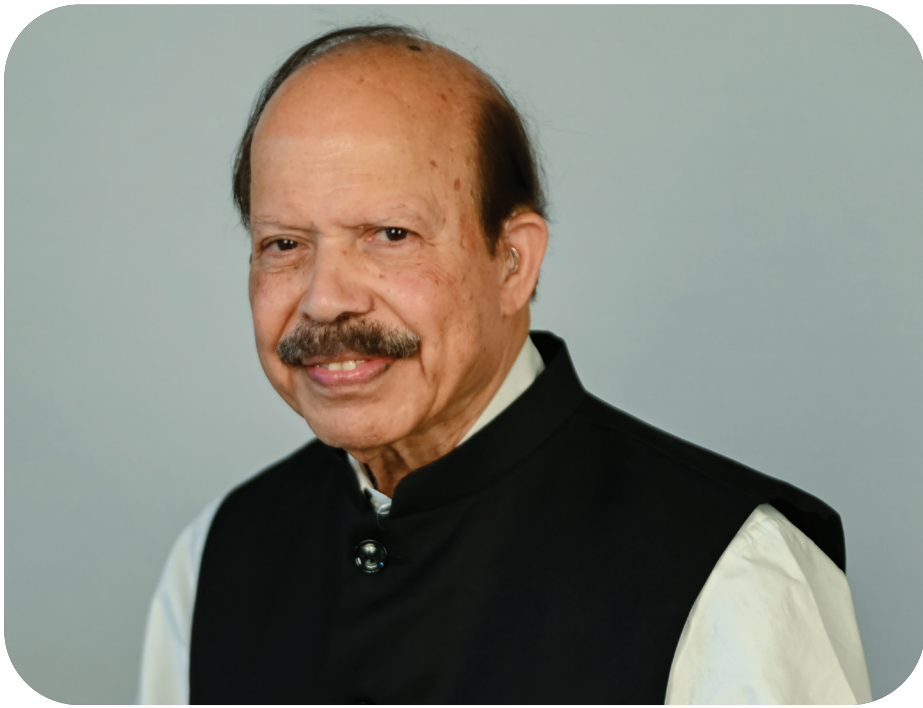
The establishment of a new expansion facility is a testament to the dedication, vision, and commitment of all those involved in this endeavour. KALINGA HOSPITAL Ltd. represents a beacon of hope and healing for our community, offering state of the art medical services, compassionate care, and a commitment to excellence since nearly 3 decades.

I commend Dr. Sita Kantha Dash, Chairman and the entire team at KALINGA HOSPITAL Ltd. for their unwavering dedication to providing quality healthcare services to our citizens. Your efforts to enhance the well-being of our community are truly commendable and reflect the spirit of service and compassion that defines our state. I have full confidence that it will play a significant role in improving healthcare accessibility and outcomes for our residents.

I extend my best wishes for a successful launch and look forward to seeing KALINGA HOSPITAL Ltd. flourish as a trusted healthcare provider in our region.

(Raghubar Das)





## Dr. Sita Kantha Dash

Chairman

Kalinga Hospital Ltd.

### ଜଗନ୍ନାଥ ସ୍ଵାମୀ, ନିରଞ୍ଜନ ପଥଗାମି ଭବତୁ ମେ

Seeking blessings from Lord Jagannath, as I embark on this journey at Kalinga Hospital, I am deeply honoured to share my vision for healthcare in Odisha. Our commitment at Kalinga Hospital is to ensure that healthcare remains accessible and affordable to all, rooted in the principles of compassionate care.

Over the past two years, our path has been one of perseverance and growth. Despite encountering challenges, our dedicated team has risen above hurdles to achieve triumphs. With a new leadership team in place, we stand ready to usher in a new era of healthcare excellence growing stronger every day.

The Board of Kalinga Hospital appointed me as Chairman on May 23rd, 2022. Under my guidance, we are dedicated to enhancing patient care and service delivery. My vision for Kalinga Hospital includes the construction of A3 Block, renovation of existing facilities, and the incorporation of state-of-the-art technology and advanced diagnostic services.

Furthermore, we are committed to working alongside the government of Odisha and our Hon'ble Chief Minister's healthcare vision. Together, we endeavour to create a healthcare environment where quality is synonymous with affordability, and compassion underpins every interaction. As we embrace this new dawn in healthcare, I extend a warm invitation for you to join us on this transformative journey.



# Kalinga Hospital Supports Government Health Schemes



**Our Hon'ble Chief Minister, Shri Naveen Patnaik, has set forth a visionary agenda for healthcare reform in Odisha. At Kalinga Hospital, we are steadfast in our commitment to actively support these initiatives and contribute to the realization of a comprehensive healthcare system that serves the people of Odisha with excellence and compassion. Our focus extends to providing remote healthcare solutions, ensuring support for the poor and deprived communities across Odisha, thus striving for equitable access to quality healthcare services**





# **Kalinga Hospital Ltd. empanelled with all Government health schemes like BSKY, RBSKY & FTTF.**

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## **Free Treatment for Trauma Fund (FTTF) scheme.**

**Patient will avail free treatment till 48 hours from the time of accident.**

People are getting Free Treatment for Trauma Fund (FTTF) scheme at Kalinga Hospital. Persons suffering from trauma due to road traffic accidents are in an increasing trend in the State and it has been well understood that the condition of accident victims in the first 48 hours is very critical and lead to death if not managed properly and timely.

## **Rashtriya Bal Swasthya Karyakram (RBSKY)**

RBSK is an innovative and ambitious initiative, which envisages Child Health Screening and Early Intervention Services, a systemic approach of early identification and link to care, support and treatment. RBSK is one of its kind program to improve the overall quality of life of children enabling all children achieve their full potential; and also provide comprehensive care to all the children in the community. This program involves screening of children from birth to 18 years of age for 4 Ds- Defects at birth, Diseases, Deficiencies and Development delays, spanning 32 common health conditions for early detection and free treatment and management, including surgeries at tertiary level.







## Ms. Nilanjana Mukherjee

Managing Director  
Kalinga Hospital Ltd.



Under our Chairman's guidance, Kalinga Hospital Ltd (KHL) Bhubaneswar has witnessed a remarkable journey, filled with challenges and triumphs, driven by a profound sense of purpose. Today, as we celebrate this milestone, we recognize the relentless hard work of our team, whose unwavering commitment has enabled us to provide quality healthcare to our community.

I am deeply humbled by the trust placed in me and the responsibility bestowed upon me. Each day, I am driven by our unwavering commitment to deliver exceptional healthcare, ensuring transparency and meeting the needs of our beneficiaries.

Our commitment to affordable healthcare extends to providing special attention to international patients, ensuring the highest level of treatment and compassion.

As we express our gratitude for the blessings from Lord Jagannath and the support from the people we serve, let us cherish the milestones achieved and the aspirations that drive us forward.

Moving ahead, I am committed to carrying forward the legacy of compassion and excellence that defines Kalinga Hospital Ltd. With gratitude and determination, we look forward to continued growth, innovation, and service to humanity.







**Shri Jagadananda**  
Mentor & Co- Founder, CYSD  
Former State Information  
Commissioner, Odisha

On Kalinga Hospitals' foundation day, I extend heartfelt compliments to Chairman Dr. SK Dash and the dedicated team. Under Dr. Dash's leadership, the hospital has transformed to make quality healthcare affordable and accessible. His commitment to excellence and patient-centric approach have set a new benchmark for the hospital. It has been a privilege to be part of this journey towards excellence and look forward to witnessing greater milestones.



**Rtn. Ajay Agarwal**  
District Governor 2017-18,  
Rotary district:3262

Congratulations to Dr. Sita Kantha Dash and the Kalinga Hospital team on the expansion of ultra-modern medical facilities with advanced treatment. Your unwavering commitment to providing cutting-edge healthcare solutions is commendable. Amidst the challenges of the COVID-19 pandemic, your dedication to serving the community has been truly inspiring. Wishing you continued success as you strive to enhance the health and well-being of individuals in our state and beyond.



**Prof. Saroj Nayak**  
IIT Bhubaneswar

With Dr. Dash's direction, Kalinga Hospital is taking a big stride in making health care affordable for Odisha and around the region. Dr. Dash's research on gut microbiota and his innovations in making world-class probiotics for the benefit of human health have played a key role in growing the probiotics industry from a \$10 million-a-year revenue to a staggering \$45 Billion-a-year market. With similar vision and innovations, I am confident that Kalinga Hospital will make healthcare delivery and health research a world-class facility.



**Dr. Dhiraj Kanta Panda**  
Director, Kalinga Hospital Ltd.

Thank you for the invitation of A3 Block inauguration. I congratulate Chairman Dr. Dash and all the members of Kalinga family. A3 block completion has been tried by various past chairmans without success. Dr. Dash has put all his efforts and his hard earned money for Kalinga hospital. I wish and pray for Kalinga Hospital grand success.





# Vision

Our Vision is to provide worldwide exceptional healthcare services having a patient centric approach at affordable cost

# Mission

Our Mission is to provide compassionate care to all with highest standards of patient safety, innovation, ethical practices & ensuring affordability with global scale.





# Our Guiding Principles



1

Compassionate Patient Care



2

Accessible healthcare services



3

Dedication To Ethical Practices



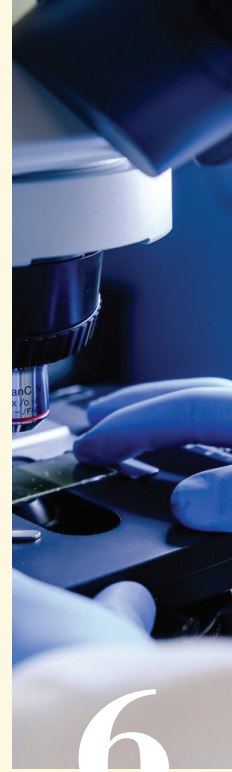
4

Quality Medical Services At Affordable Rates



5

Patient-centric Approach



6

Pursuit Of Global Excellence



7

Innovative Academic And Clinical Research



8

Visionary Healthcare Advancement





# IIT Bhubaneswar

The inauguration of a state-of-the-art laboratory at the SK Dash Center of Excellence of Bio-sciences and Engineering and Technology (SKBET) of IIT Bhubaneswar is a significant achievement. Dr. S K Dash, a renowned expert in probiotics, played a crucial role in its establishment by generously funding the SKBET, focusing on bio-molecular and food technology areas. Dr. S K Dash's contributions will continue to drive groundbreaking research in probiotics.



The Dr. Dash Foundation provided generous funding through CAF America to support CYSD's initiatives. This support was dedicated to advancing CYSD's goal of upgrading and transforming the Library & Information Centre into a State Resource Centre. The objective was to enhance facilities and integrate modern technology, facilitating the establishment of an **efficient Citizen Information-cum-Documentation Centre**.





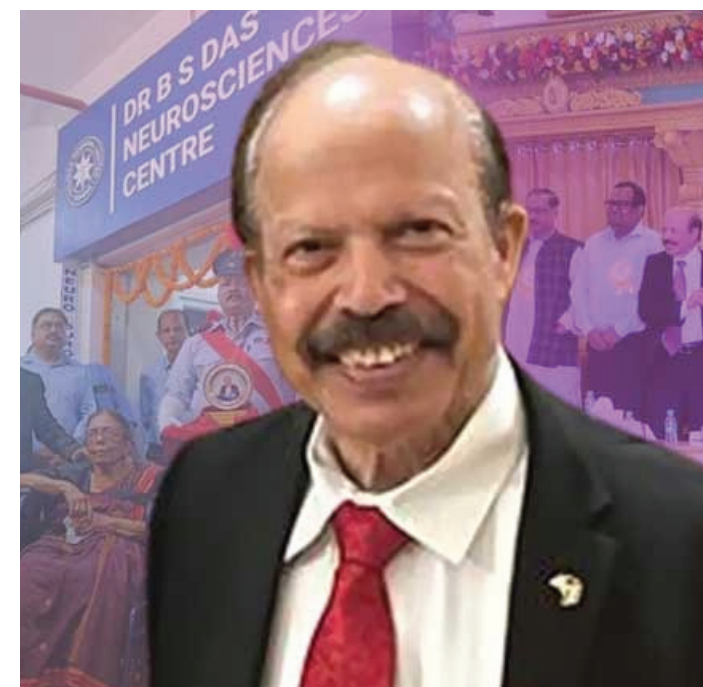


# Rotary

Dr. Sita Kantha Dash has been honored by the Rotary Club of Edina, Minnesota (USA), as a distinguished member of the Arch Klumpf Society. This society, named after a former Rotary Club President, recognizes individuals who have dedicated themselves to philanthropic endeavors aimed at creating positive change in the world. Dr. Dash's achievement of the esteemed title of AKS (Arch Klumpf Society) comes as a result of his generous donation of **2 lakhs 50 thousand US Dollars to The Rotary Foundation**. This significant contribution underscores his unwavering commitment to supporting cancer patients and advancing quality education in our state.

Dr. Dash's dedication goes beyond financial support, as he actively participates in collaborative efforts with the Rotary Club and other stakeholders to improve outcomes for cancer patients. Together with the Rotary Club, Kalinga Hospital Limited (KHL) has launched the **Mobile Cancer Screening Initiative**, aiming to provide medical services and raise awareness through a mobile cancer screening and awareness camp van in Odisha.

Furthermore, Dr. Dash plays a crucial role in bridging the gap between the United States and Odisha through his involvement with the **American Odia Society**. By fostering connections and collaboration between these regions, he contributes to building stronger ties and facilitating mutual understanding.





ଜଗନ୍ନାଥ ସ୍ଵାମୀ  
ନୟନପଥଗାମୀ  
ଭବତୁ ମେ











## Dr. Dash Block: Revolutionizing Healthcare at Kalinga Hospital

Dr. S.K. Dash, Chairman of KHL, is spearheading a groundbreaking initiative at Kalinga Hospital by solely funding the development of a new block, aptly named the Dr. Dash Block.

**This endeavor aims to enrich the hospital's capabilities with an array of cutting-edge facilities.**

- Additional 50 beds with top-notch amenities.
- Specialized operating theaters for advanced surgeries will be established.
- The Central Sterile Services Department will ensure top hygiene with advanced technology.
- Expansion of the kidney transplant unit with a focus on infection control.
- Introducing advanced critical care and centralized nursing for swift patient response.
- A dedicated gastro sciences day care unit will offer efficient procedures.
- Rehabilitation and physiotherapy services will be available.
- A Precision Medicine Centre will offer personalized treatment plans based on genetic data.









# Kalinga Hospital's contribution to vulnerable patients of the Society

## Golden Generation Helpline

Kalinga Hospital has taken the initiative and launched a dedicated Senior Citizen (Golden Generation) Helpline: 18005725000, officially inaugurated at Kalinga Hospital Ltd. (KHL) Bhubaneswar in Aug' 23.

This helpline aims to provide comprehensive support, including Geriatric Assessment, Patient-Centered Care, Social Engagement, Elder Abuse Prevention, and other services tailored to the needs of senior citizens.



Before

## Smile Train India

Smile Train India, renowned for its dedication to providing essential cleft care services worldwide, has forged a valuable partnership with Kalinga Hospital. Together, they aim to extend their reach and impact by offering free cleft surgeries to children in need.

This collaboration not only underscores their shared commitment to transforming lives but also signifies a significant step towards ensuring that every child has access to life-changing medical care.



After





## Emergency and Trauma

The Emergency Department at Kalinga Hospital in Bhubaneswar is equipped to handle various emergencies with trained staff and proper infrastructure. It covers medical, surgical, pediatric, obstetrics and gynecology, poisoning, and trauma cases, prioritizing life-saving procedures.

The department ensures compassionate care from experienced personnel and offers 24/7 service, acute medical and surgical management, ventilator/ICU support, emergency outpatient services, ambulance assistance, and free trauma treatment through the Trauma Fund (FTTF).



## Transformative Spinal Surgery at Kalinga Hospital

Kalinga Hospital reached a significant milestone in spinal surgery, changing the life of a patient debilitated by ankylosing spondylitis. After eight years of being unable to walk upright or sleep on his back, our surgeons successfully corrected his deformity. Covered by the government of Odisha scheme, he faced no expenses. This achievement highlights our dedication to compassionate care and cutting-edge medical interventions.











## Pediatric Vascular Surgery

At Kalinga Hospital, our commitment lies in delivering thorough pediatric healthcare, encompassing specialized services like Cardiothoracic and Vascular Surgery (CTVS). Equipped to address the unique healthcare requirements of children, our pediatric department guarantees top-tier medical care.

With a dedication to excellence and advancement, we strive to safeguard the health and welfare of our young patients through cutting-edge treatment modalities and compassionate support. Additionally, we extend our services in Cardiac Surgery to underprivileged patients, even those residing in remote areas of Odisha.





# High-Risk Pregnancy Success: Kalinga Hospital's Triumph

At Kalinga Hospital, we specialize in **high-risk pregnancies** with meticulous attention and heartfelt compassion. A recent success story involved a mother battling eclampsia, **delivering her baby prematurely at 28 weeks and 3 days gestation**. Despite challenges like respiratory distress syndrome and neonatal shock, the resilient infant thrived under expert care from our skilled medical team, spending 51 days in the ICU. **Today, this little fighter, weighing 1.724 kg, is ready to go home at 36 weeks.**

This success story underscores our commitment to comprehensive care, support, and continuous improvement in maternal and neonatal healthcare. At Kalinga Hospital, we're not just caregivers; we're partners in your journey to parenthood, offering expertise, hope, and personalized care every step of the way.

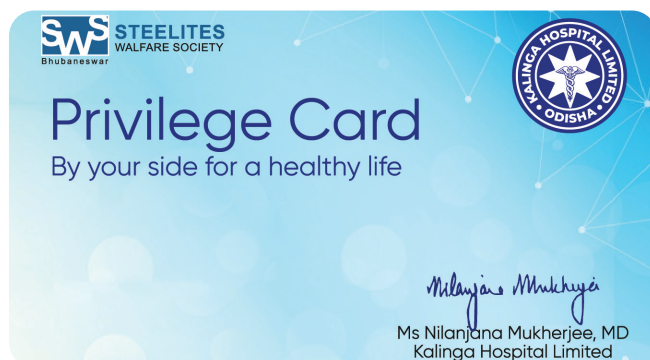
Beyond the medical realm, we recognize the importance of being compassionate partners in our patients' journey to parenthood. We offer reassurance, guidance, and personalized care every step of the way, because, at Kalinga Hospital, we don't just provide healthcare; we foster relationships built on **trust, empathy, and genuine concern** for the well-being of every family we serve.





# Free Accomodation for Attendees

At Kalinga Hospital, we recognize the significance of providing support and comfort to both patients and their attendants. Our dedication lies in creating a nurturing atmosphere for families during difficult periods, enabling them to concentrate on their loved ones' welfare without concerns about accommodation costs. We provide a limited number of complimentary lodging options for patient attendants, emphasizing their comfort and convenience while their dear ones receive treatment at our facility.



## Privilege Cards

At Kalinga Hospital, we offer a distinctive advantage through our Privilege Cards. These cards provide exclusive benefits and discounts on healthcare services, ensuring that our valued cardholders receive exceptional care while enjoying cost-saving advantages. We also believe in our responsibility to give back to society.





# Kalinga Hospital Academics & Research Vision

Our Chairman, driven by his passion as a scientist, spearheads the expansion of research and academics at Kalinga Hospital with a visionary outlook.

## PARAMEDICAL COURSES

Paramedical Courses (Affiliated under Bharat Sevak Samaj - BSS):

- BSS Diploma in Medical Laboratory Technology
- BSS Diploma in Operation Theatre Technology
- BSS Diploma in Trauma Care & Casualty Technology
- BSS Diploma in Dialysis Technology
- Certificate in Dietetics
- BSS Diploma in X-Ray & Imaging Technology
- BSS Diploma in EEG & EMG Technology

## INTERNSHIP PROGRAMS

Internship programs offered in all specialties, including:

**Clinical:** OT, Dialysis, Emergency, Pathology, Anesthesia, Physiotherapy, Radiology

**Non-Clinical:** HR, Finance, Quality, etc.





At Kalinga Hospital, we believe that education is the cornerstone of excellence in healthcare. As a leading healthcare institution, we are dedicated to shaping the future of medicine through comprehensive educational programs.

## MEDICAL COURSES

### **DNB (Diplomate of National Board) Programs:**

Radiodiagnosis

Anaesthesiology

### **DRNB (Doctorate of National Board) Programs:**

Neurology

Critical Care Medicine

### **Fellowship under Orthopaedics Department:**

Affiliated with ISAKOS (Internationally recognized Society)

### **Kalinga Hospital Ethics Committee:**

Affiliated under DHR for DNB Courses

Affiliated with CDSCO for Clinical Drug Trials (Ongoing Trials)





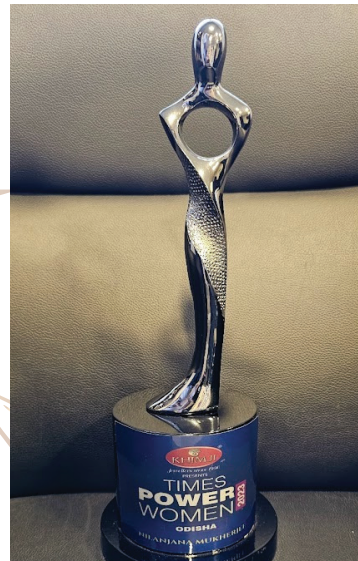
# Celebrating Excellence

At Kalinga Hospital, our journey towards excellence is fueled by a deep sense of gratitude for the recognition we receive. Nationally acclaimed for our steadfast commitment to quality, innovation, and patient-centric care, we humbly acknowledge the honor bestowed upon us. Our accreditations from esteemed bodies underscore our unwavering dedication to upholding the highest standards of healthcare. Moreover, we take pride in being a beacon of **affordability in healthcare**, ensuring that quality medical services remain accessible to all.

As Odisha's own hospital, we cherish our roots and strive to serve our community with compassion and integrity. Together, with the unwavering support of our patients, team members, partners, and stakeholders, and well-wishes we continue to **redefine healthcare excellence**, making a tangible impact on the lives we touch.













# Event Gallery

At Kalinga Hospital, we have joyously celebrated significant occasions. We take pride in showcasing pivotal events that have bolstered our enduring commitment to excellence in healthcare and our unwavering dedication to serving the community.





# Transforming Challenges into Triumphs!

Starting as a corporate healthcare initiative in 1997, Kalinga Hospital embarked on a journey with the noble mission of making healthcare accessible to all. Throughout its trajectory, the hospital faced numerous challenges and hurdles, presenting formidable obstacles to overcome. However, under the insightful leadership of our Chairman, the hospital underwent a profound transformation. Kalinga Hospital has experienced a notable resurgence, steadily growing stronger and reaffirming its stature as a premier healthcare provider in Odisha.

**Dr. Sita Kantha Dash assumed  
the role of Chairman at  
Kalinga Hospital Ltd.**

**April 2023**

**Inauguration of renovated  
C2 Block with modern amenities**



**May 2022**

**Celebration of 20+ years employees  
serving Kalinga Hospital Ltd.**



**August 2023**







**Inauguration of in-house  
Canteen for Staff and  
patient attendants**

**December 2023**

**Inauguration of renovated Ophthalmology,  
Dental, Paediatric Department along with  
new vaccination clinic.**



**October 2023**



**Curtain Raiser event  
for naming A3 Block as  
Dr. Dash Block**



**March 2024**

Through our concerted efforts, we have successfully converted challenges into triumphs, reshaping adversity into opportunities for advancement. Regaining the trust and confidence of the people of Odisha has been pivotal in our journey. Our ascent from 10th to 4th place in rankings stands as a clear testament to the unwavering faith bestowed upon us by our patients. With each passing day, we remain steadfast in our commitment to excellence, using our achievements as stepping stones toward an even brighter future.





# Empowering Health, Enriching

**Kalinga Hospital's Corporate Social Responsibility (CSR) initiatives stand as a beacon of compassion and dedication, aimed at uplifting underprivileged and marginalized communities. Our commitment extends beyond addressing healthcare inequalities to promoting education and recognizing high achievers.**





# Corporate Social Responsibility

## Lives: Kalinga Hospital's Commitment to Care

At the core of our values lies the determination to provide support to those most in need, ensuring fair access to essential medical services for society's most vulnerable members. Through strategic and impactful CSR efforts, we tirelessly work to alleviate healthcare burdens faced by disadvantaged children and marginalized groups.

Our initiatives not only provide immediate relief but also strive for lasting improvements in healthcare infrastructure and access.







# Millet Mission

At Kalinga Hospital, we are excited to unveil our newest offering: the Health Nutritious Millet Cafe. This initiative not only aligns with our commitment to promoting health and wellness but also supports the Millet Mission led by the Government of Odisha. Our Millet Cafe is a testament to our dedication to providing nutritious options to our community while also championing local agricultural initiatives.





MISSION  
**Shakti**





# Kalinga Hospital Ltd. (KHL) Corporate Information

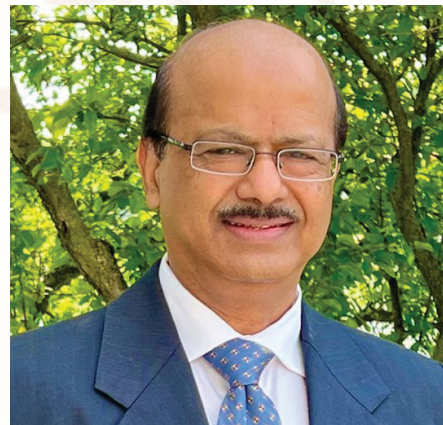
## Board of Directors (As on 31\* March 2023)



**Dr. Sita Kantha Dash**  
Chairman



**Mrs. Seema R. Shetty**  
Director



**Dr. Anup Kumar Behera**  
Director



**Dr. Dhiraj Kanta Panda**  
Director



**Mr. Rajesh S Dash**  
Director



**Mr. Rajib Sekhar Sahoo**  
Independent Director



**Mr. Sanjay Kumar Panda**  
Independent Director



**Dr. Satchidanand Mishra**  
Independent Director



**Mrs. Nilanjana Mukherjee**  
Managing Director





## **Alternate Directors**

Prof. Mahendra Kumar Satapathy

Mr. Ajit Kumar Behera

Mr. Jiban K. Mahapatra

Dr. Jnanendu K. Mohapatra

## **Chief Finance Officer**

Mr. Siddharth Ranjan

## **Company Secretary**

Mr. Debasish Dibyajyoti Deo

## **Bankers**

- Orissa State Co-op. Bank Ltd., Bhubaneswar
- State Bank of India, Bhubaneswar
- Canara Bank, Bhubaneswar
- Axis Bank Ltd., Bhubaneswar
- HDFC Bank, Bhubaneswar
- Yes Bank, Bhubaneswar





www.kalingahospital.com



## A Healthy Future Starts Here

#NationalVaccinationDay  
16<sup>th</sup> March



**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

**24X7 Emergency Helpline**  
1800 572 5000, 0674 666 5200

www.kalingahospital.com




## Keep Your **Kidneys** fighting for Your **HEART**

Heart disease is the most common cause of death among people who have kidney disease. Damaged kidneys can't filter blood as they should. This damage can cause wastes to build up in the body.

#WorldKidneyDay  
14<sup>th</sup> March

#KidneyHealthforAll  
Advancing equitable access to care & optimal medication practice



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Chandrasekharpur, Bhubaneswar

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## SMOKING AFFECTS MORE THAN JUST YOU

Say no to smoking & embrace your life.

#NOSMOKINGDAY  
13<sup>th</sup> March



**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

**24X7 Emergency Helpline**  
1800 572 5000, 0674 666 5200


www.kalingahospital.com



## Embrace the Power of **Vitamin D** for a **HEALTHY FERTILITY**

Pregnant women should get their **Vitamin-D** levels checked regularly. Pregnant women who are deficient in vitamin are more likely to have pregnancy complications including **Preeclampsia, diabetes, preterm birth and small babies.**

Swipe to know more on ways to improve your **Vitamin D** levels during Pregnancy



**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

**24X7 Emergency Helpline**  
1800 572 5000, 0674 666 5200

# Our Digital Presence

www.kalingahospital.com



www.kalingahospital.com



## WE'RE **HIRING !!**

RIGHT NOW

Discover Your Leadership Opportunities in Healthcare!

**OPERATIONS EXECUTIVE**

**Qualification :** Any Graduate/Post Graduate  
**Experience :** 2-5 years (freshers can also apply)  
**Skills :** Proficient in MS Office, with fast typing & fluent in multiple languages (**mandatory: Bengali**)  
**Location:** West Bengal (Medinipur)  
**Compensation:** As per the market standards

Drop your CV at  
hr@kalingahospital.com 9078890462



**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

**24X7 Emergency Helpline**  
1800 572 5000, 0674 666 5200

www.kalingahospital.com



## Could Abdominal discomfort be a **sign of Intestinal worms?**

Nearly **836 million** children globally (**241 million in India** alone in the 1-14 age bracket) are at the risk of contracting infections through worms

Swipe to know more about **Soil-Transmitted Helminths**



**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

**24X7 Emergency Helpline**  
1800 572 5000, 0674 666 5200

www.kalingahospital.com



## Signs your children needs **DEWORMING**



Abdominal Pain  
Diarrhea  
Weakness  
Weight Loss

**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

**24X7 Emergency Helpline**  
1800 572 5000, 0674 666 5200



www.kalingahospital.com



Don't **OVERLOAD**  
Obesity leads to **BACK PAIN**

Obesity is linked to chronic low-grade inflammation throughout the body, including in the spinal tissues. Inflammation can exacerbate existing back pain & contribute to its persistence.

#WorldObesityDay  
4<sup>th</sup> March

**KALINGA HOSPITAL LTD.**  
Chandrasekharpur, Bhubaneswar

24X7 Emergency Helpline  
1800 572 5000, 0674 666 5200

www.kalingahospital.com

Prevent Over **80%**  
of Brain Injuries



Anyone can experience a TBI, some groups are at greater risk of dying from a TBI or experiencing long-term health problems after the injury.

Be a Brain Warrior: Protect, Treat, Optimize

#BrainInjuryAwarenessMonth  
1<sup>st</sup>-31<sup>st</sup> March

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Know the **NUTRITION SOURCE**



- Incorporating Fortified Foods & Fatty Fish
- 15 Mins of Daily Sun Exposure
- Vitamin D Supplements as prescribed as Doctor
- Fortified Milk Alternatives & Juices

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- Citrus Fruit Juices
- Citrus Fruits
- Cruciferous Vegetables

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INTRAVASCULAR ULTRASOUND



- IVUS supplements CAG by providing tomographic perspective of lumen geometry and vessel wall structure.
- It provides great information about lesion severity, Plaque morphology and characteristics of plaque, so that it becomes easier and more accurate to select stents size and quality.
- The sound waves travel through a catheter.
- IVUS is used, when physician need more clearer image of arteries than Echo.

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**OSTEOARTHRITIS**  
can affect you without even noticing



About **73%** of people living with osteoarthritis are older than **55** years, and **60%** are female

Don't Let the Pain **HOLD YOU BACK!**

Consult our Ortho Specialist  
Prof. (Dr) Ranajit Panigrahi


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Health Knows No **BOUNDARIES**

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# Our Valued Associates

We are deeply grateful for your steadfast support. Your dedication and commitment are vital to our success at Kalinga Hospital. Thank you for being an essential part of our journey.





# The Leadership Team



**Kalinga's Visionaries in Action**

